



OUTWARD BOUND PROFESSIONAL

Take your professional development outside

[OUTWARDBOUNDBALTIMORE.ORG/PRO](https://outwardboundbaltimore.org/pro)

You can't get out of your comfort zone from inside the office.

Communication, collaboration, and problem solving skills are at the core of every high-functioning team. No matter your industry, customer, or focus, these components of leadership need to be regularly cultivated and developed with intention. You and your team need to go beyond the PowerPoints and typical boardroom professional development to find a place further outside your comfort zone.

Outward Bound's experiential learning curriculum has decades of high value field-testing with teams just like yours. When we combine our experience with highly-trained facilitators, trusted tools like the Action Learning Cycle, and our unique learning environment (a 20+ element high / low ropes challenge course), we witness real results with teams of all sizes. No matter what challenge you're facing, or area you need to improve—we've seen it.

\$3000/CREW*

** Crew is 10 participants maximum*

COMMUNICATION

High intensity initiatives allow groups to assess and refine their efficiency and workflow in a short amount of time. Reflective activities revolve around team assets and barriers that keep the group from getting to the next level.

OUTCOMES

- ⊕ Experience first-hand success and failure based on team process
- ⊕ Use group models to reflect and redirect group process and efficiency
- ⊕ Success with varied conflict management models
- ⊕ Expanded emotional awareness skills

PROBLEM-SOLVING

We utilize unique initiatives to draw out group process norms and assets. Teams identify strengths and barriers to a more collaborative workflow. Reflective activities revolve around collaborative approaches to the workflow.

OUTCOMES

- ⊕ Evolved understanding of colleagues' individual communication styles
- ⊕ Exposure to new communication approaches
- ⊕ Giving and receiving feedback

COLLABORATION

We highlight communication styles and strategies during fast-paced, high stress, or high stakes initiatives. Reflective activities revolve around team communication habits and steps to maximize communication.

OUTCOMES

- ⊕ Group success with varied problem solving methods and models
- ⊕ Enhanced problem solving skills personally and organizationally
- ⊕ Deeper understanding of teammate's individual strengths for use in addressing future challenges

